

What we want our babies (0- 12 months) to be able to do.....

Personal, Social & Emotional Development

Making relationships- Likes to be cuddled and held by carer.

Sense of self- Shows an interest in their reflection in a mirror, although may not yet realise that the reflection is them.

Understanding emotions- Uses a familiar adult to share feelings such as excitement and for 'emotional refuelling' when feeling tired or anxious.

Communication & Language

Listening & Attention- Moves whole body to sounds they enjoy, such as music or a regular beat.

Understanding- Is developing the ability to follow others body language, including pointing and gesture.

Speaking- Enjoys babbling and increasingly experiments with using sounds.

Physical Development

Moving & Handling- Sits unsupported on the floor, leaving hands free to manipulate toys with both hands.

Moving & Handling- Pulls to standing from crawling, holding onto furniture or person for support.

Health & Selfcare- Grasps finger food and brings them to mouth and shares control of spoon and bottle or cup, moving towards independence with support.